

TOPICS

nyt:

de gennemgåede:

1. Mid-term elections 2006
 2. Music & Lyrics
 3. Scotland
 4. Speeches
 5. Founding Fathers
 6. Jamaica
7. Junk food and the physical fitness-movement
 - The McDonalds culture & Supersize Me
 - fitness-mania?
 - a sound mind in a sound body
(http://en.wikipedia.org/wiki/Mens_sana_in_corpore_sano)
 - eating habits and social classes
 -

Materiale:

Contexts, page 90-91, 96-97, 102-104

Grupper:

1. Obesity

<http://content.healthaffairs.org/cgi/content/full/21/2/245> (scientific article)

http://www.weightlossresources.co.uk/body_weight/obesity_health.htm (doctor's advice)

<http://www.annecollins.com/obesity/statistics-obesity.htm> (statistics)

<http://news.bbc.co.uk/1/hi/health/5285186.stm> (bbc)

<http://www.thenation.com/doc/20050829/ruskin> (childhood obesity)

2. Fitness

http://www.fitness.gov/resources_factsheet.htm (President's council)

http://findarticles.com/p/articles/mi_m0675/is_n5_v8/ai_9010360/pg_1?tag=artBody;col1

http://findarticles.com/p/articles/mi_m1608/is_2_19/ai_96621177?tag=rbxcra.2.a.2

3. Junk food

http://www.organicconsumers.org/articles/article_9928.cfm

<http://www.nationmaster.com/cat/foo-food> (food statistics)

<https://riskfactor.cancer.gov/mfe/publications/mcdonald-s-restaurants-and-neighborhood-deprivation-in-scotland-and-england> (mcdonald & obesity)

<http://www.dailymail.co.uk/health/article-443531/Junk-food-diet-linked-cancer-women.html>

(junk food & cancer)

http://www.associatedcontent.com/article/186242/two_studies_link_junk_food_diet_to.html (do)

<http://www.cancercouncil.com.au/editorial.asp?pageid=421> (do)

4. Eating disorders: Anorexia / Bulimia –

What to do?

Each group should find material – statistics, articles etc – on the subject; read it and present the results in class.

You should hand in a paper with the main lines you have investigated and your results.

Group work is planned to three modules.

You must plan your work on your own, but some questions are sort of obvious, or they may come in handy:

- what (how many are obese, exercise, visit fast food restaurants; children / adult ratio .. ?)
- why (do people become obese, exercise, eat junk food?)
- how does it affect people's health / mind / life / happiness ..
- how does it affect economy, health care budgets, elderly care, life expectancies .. ?
- and maybe: what can be done – or what has governments and organisations tried to do ?
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PLAN

Group Work:

- Monday Jan 5
- Thursday Jan 8
- Thursday Jan 15

Group Presentations:

- Monday Jan 19
- Thursday Jan 22

Groups:

1. Obesity – A) Martin, Emil, Casper, Jacob; B) Julie, Tineke, Lene

2. Fitness – Jeppe, Søren, Morten, Morten, Muhamer

3. Junk food – A) Hans, Oliver, Krog; B) Mette, Christina, Louse, Ditte

4. Eating disorders: Anorexia / Bulimia – Ida, Stine, Nicole